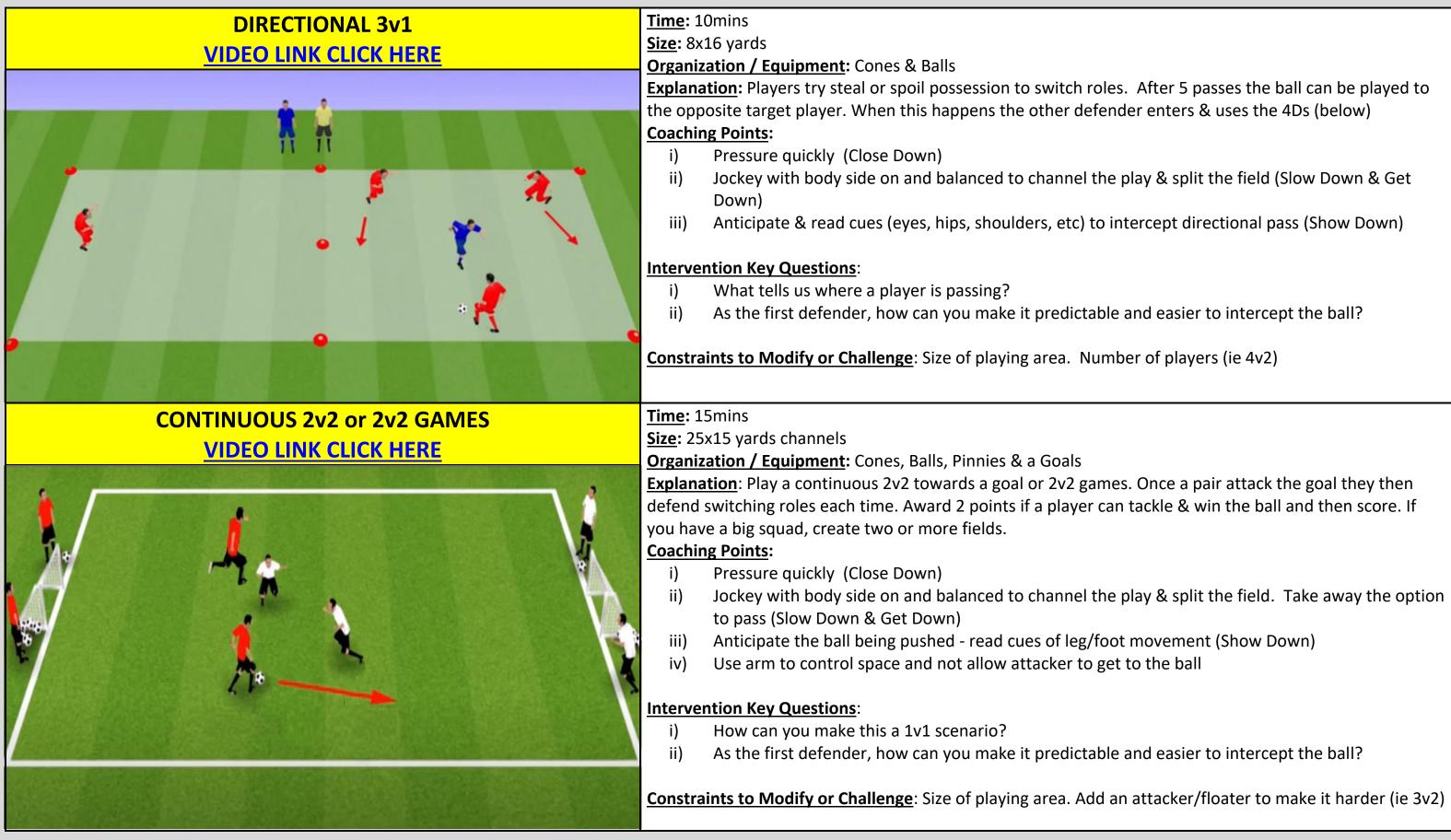
## Session Plan 7 – Topics: 1v1 Defending & the 4Ds (Close Down, Slow Down, Get Down & Side On, Show Down!)



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